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 Principal ● Zlatko Pear

Inspirational.

Issue 4: 22nd March 2024

Calendar

March

26 O&M Year 7/8 Sport

28 O&M Swimming

28 End of Term 1 2.30pm

Finish

April

15 Term 2 Begins

17 College Athletics
Carnival

22 Year 5/6 Canberra
Camp

Inside this issue:

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A few words from the Principal.....Zlatko Pear

Term One

Can you believe we are almost at the end of Term One? As usual, it has been a busy and productive term for students at our school. I would like to make a special mention of our Prep students who are one term into a thirteen year journey (they will graduate Year 12 in 2036!). I have loved watching their confidence grow as they have settled into the routines of school. I would like to thank the community and all our families for supporting us to provide the best possible learning environment for our children.

Mental Wellbeing Week

This year Mental Wellbeing Week will be the first week of Term Two. This is a joint venture between the MFNC, Alpine Health, NESAY, Alpine Shire and the three local schools. The week will begin with keynote speaker, Steven Baker, presenting at a luncheon at the Myrtleford Saints home game on Saturday 13th April. Steven is a former St. Kilda footballer who shares his experiences and strategies to help others develop their own resilience.

Our Year 5 to Year 12 students will then be involved in sessions with Chelsea Frawley on the Monday and Tuesday. Chelsea lost her father (Danny) in 2019, she then made a career move to the St Kilda Football Club to help bring a focus on mental health. Chelsea played a pivotal role in the development and creation of the first AFL mental health initiative, Spuds Game – St Kilda V Collingwood, played last night (Go Sainters!). Each year this game raises funds for the Danny Frawley Centre at Moorabbin Oval. Our Primary school students will also be engaged in classroom activities focussed on positive mental wellbeing, with the week cumulating in whole day activity on the Friday of that week.

End of Term

Thursday 28th March will be the last day of term. Classes will finish at 2:30pm on that day. Classes for Term Two will resume on Monday 15th April.



Fun at RDA

RDA is back on for another year!
Woohoo!

What a great program run solely by volunteers. On a Tuesday, I escort students to the Show Grounds, where they learn horse handling and riding skills. It's great to watch the students gain confidence throughout the Program. This week students learnt about steering a horse. They love this experience and look forward to their weekly program continuing for the year.

Renee Bau



College News...

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

Green Card Winners

Term 1 Week 7



Prepared and ready to participate
Following teacher directions
Keeping my learning space tidy
Wearing my uniform proudly
Focussing on my own work
Using respectful language
Arriving and leaving quietly and safely
Trying my hardest
Showing kindness to others

Lilliana Turner-Spessott
Riley Hynes
Thomas Patterson
Ali Ramia
Samson Boyd
Nash Durling
Cody Stin
Willow Heafield
Vincent Maples
Chloe Franks
Nova Mooney

Congratulations!!

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

Green Card Winners

Term 1 Week 8



Prepared and ready to participate
Following teacher directions
Keeping my learning space tidy
Wearing my uniform proudly
Focussing on my own work
Using respectful language
Arriving and leaving quietly and safely
Trying my hardest
Showing kindness to others

Charlii Sherritt
Aesha-Jade O'Brien
Lachlan Allan
Giaana Alam
Mason Durling
Addison Gilbertson
Koby Prott
Timothy Naing
Billie Mull
Hudson Saunders
Zoe Pankhurst

Congratulations!!

PLEASE NOTE: CANTEEN is CLOSED for the last week of Term

There is no Canteen during the last week of school– students will need to bring their own food to school for that week.
Information about the Canteen operating times for Term 2 will be communicated shortly via Class Dojo and Compass.

Myrtleford Town Garage Sale

The 5th Myrtleford Town Garage Sale was again a great success! Five years and five beneficiaries of this year's MTGS. We raised a total of \$1230, plus an as yet, unconfirmed amount from the sale of the maps.

- Thanks go to Myrtleford P12 families, friends and community members who generously donated to the Performing Arts Raffle. This raised \$120 to be spent on equipment for Ms Royse's Performing Arts class.
- \$550 was raised for the Myrtleford P12 Parents Club, this amount will directly benefit students at Myrtleford P12 College in 2024.
- A further \$510 was raised by Louise Benci towards her and a leader's trip to the 2025 Scouts Jamboree in Queensland. She cooked up a storm with the help of her mum, and sold a total of 85 egg & bacon brekkies.
- We also raised \$50 for St. Paul's Anglican Church, who generously opened up their hall to allow those who prefer an indoor site to participate.
- There is also an as yet unconfirmed amount raised for the Myrtleford SES.

So many people helped to make this event possible, Myrtleford P12 College students, parents, grandparents, friends of Myrtleford P12, and community members. Thank you, without you this would not be possible.

Ren



Year 5 explore our Solar System

This term 5B and 5S have been researching the planets, constellations, stars, black holes and galaxies in our Solar System. Together both classes are creating a paper mâché model of their chosen planet or galaxy, as well as compiling information which they will present to their class.

Mrs Beer and Ms Skimming





All things Italian

with Mr Pellegrini

Students have learned about Carnevale in Italy. They made their masks, were shown videos, photos and discovered some of the cultural significance that this celebration has in Italy. We looked at Carnevale in various Italian cities such as Venice and Viareggio.

II Carnevale



HEALTH CORNER...with School Nurse Rosemary Dax



I'm at Myrtleford P12 College on Mondays and Tuesdays
I can be contacted by email Rosemary.Dax@education.vic.gov.au
or on 0438 710 584.

Immunisations Year 7- March 18th, Year 10 - April 29th

Some vaccines are routinely provided free of charge to all Victorian secondary school students. Students in Year 7 (who had parental consent given) received the human papillomavirus (HPV) vaccine (1 dose) and the Diphtheria, Tetanus and Pertussis (Whooping Cough) combined vaccine (1 dose) on Monday March 18th.

Students in Year 10 who have parental consent given will receive the Meningococcal ACWY vaccine (1 dose) next Term.

This year the consenting process was online (like most things these days) but providing or declining consent for your child to be immunised was still required. A link was emailed and a letter was sent to all parents of Year 7 students a few weeks ago. Response rate was down on last year. Luckily, any Year 7s that want to receive the immunisations, but missed out, can have theirs on April 29th when the Shires Immunisation Nurses return for the Year 10s.

All students need a response even if they are not being immunised.

Year 7 - 2 injections to prevent the following.

HPV – Human Papillomavirus

- *Very common virus in men and women*
- *Most of these infections cause no symptoms.*
- *Many different types of HPV*
- *Some can cause cancers in both men and women.*
- *The vaccination covers seven HPV types which cause over 90% of HPV related cancers in both women and men.*

Combined – Diphtheria/Tetanus/Whooping Cough

- **Diphtheria**
Caused by a bacterium found in mouth, throat and nose.
—Produces a poison which can cause serious health complications.
- **Tetanus**
Caused by a bacterium which are present in the soil, dust or manure.
—It can enter the body via a wound, it's often fatal. It is rare in Australia due to the effective vaccine program.
- **Whooping Cough**
Highly contagious disease, causing severe coughing spasms '100-day cough'.
—Can cause death in the very young and elderly.

Year 10 – 1 injection to prevent the following.

Meningococcal ACWY

- Meningococcal disease is a rare but serious disease that can quickly become life-threatening, but you can be protected through vaccination.
- Meningococcal disease occurs when meningococcal bacteria pass from one person to another through close contact. The meningococcal bacteria are commonly found in the nose and throat of healthy people. Older teenagers and young adults are most likely to carry the bacteria and spread it to others through deep kissing.

HEALTH CORNER...with School Nurse Rosemary Dax

- Although most people will recover, meningococcal disease can cause complications including permanent disabilities through loss of limbs, deafness, blindness, scarring, organ failure and sometimes even death.

I have presented to Year 7 (and will to Year 10 prior to their day) information about the injections, what they prevent, what to expect on the day etc.

What to do on the day? Monday April 29th for year 10

- Eat breakfast.
- Drink lots of water
- Wear short sleeves.
- If you're nervous, go first. Also let the nurse know.
- Try and relax your arms and shoulders, best to wiggle your toes.
- Tell the nurse if you are unwell on the day.

Catch up- if your Year 7 student missed out on March 18th, a catch up can be done on Monday April 29th or at a scheduled Alpine Shire Council Immunisation session. For more information contact me at the school or call the Alpine Shire.

Holidays are fast approaching so once again I am offering breakfast boxes to families to keep enjoying our breakfast program at home during the holidays. Please contact me on Rosemary.Dax@education.vic.gov.au if your family would like to take part.

...Rosemary

Quote of the week : "No matter what happens in life, BE GOOD TO PEOPLE. Being good to people is a wonderful legacy to leave behind."



**Australian
Childhood
Foundation**

Thoughtful parenting: video series

As parents, one of the most crucial aspects of the role is the way we are reflective and thoughtful about our children, ourselves and our parenting.

When we take the time to stop, pause and think about what is going on for ourselves and our children, we are more able to stay attuned to what our children need and to respond in a way that meets both our child's needs and our own.

Our Thoughtful Parenting video series contains 9 chapters and is designed to be watched in groups for discussion and application. These videos complete the thoughtful parenting document that was shared last week, if you have not already seen that resources. Watch here: <https://vimeo.com/showcase/thoughtful-parenting>



Talking About Careers ...with Danielle Caponecchia

Careers Newsletter

The Careers newsletter is jam packed full of the latest careers news from around the state. It has updates from universities and other institutions. Scholarship, job vacancies, career pathway information and so much more.

I encourage both students and parents to take the time to read this. To access the newsletter go to <https://myrtlefordp12careers.com/> or type in myrtlefordp12careers.com

Click on the Careers Newsletter in the drop down box under the 'IMPORTANT INFO' tab on the top row. From there you will see the latest newsletters from the past 6 weeks. Click on the top one for the most recent.

Newsletters will go onto the portal every fortnight on Wednesdays.

Please feel free to contact me with any queries or questions.

This week's Career Topic



VICTORIA POLICE CAREER EXPO

When: Saturday 13th April 2024

Where: Melbourne Convention and Exhibition Centre – 1 Convention Centre Pl, South Wharf VIC

Time: There are many session times to choose from, all sessions run for 15 minutes as an introduction into your pathway experience. Note: all sessions contain the same information.



Join us at Victoria Police's Largest Careers Expo

Learn all about the opportunities working for Victoria Police offers. Meet members from a range of specialist units and teams including Recruiting Services Branch, trainers from The Police Academy, Air Wing, Dog Squad, Police Prosecutions, Crime Scene Services, Road Policing Drug and Alcohol Section, Public Order Response Team, Police Custody Officers and more.

It's your opportunity to speak with recruiters, trainers and members and get your questions answered.

Victoria Police Career Expo
Saturday 13 April 2024, 10am - 4pm
Melbourne Convention & Exhibition Centre

SCAN TO LEARN MORE AND REGISTER



There will be members attending from a large range of units, such as;

- Air Wing
- Water Police
- Dog Squad
- Crime Scene Services
- Police Academy
- Road Policing Drug and Alcohol Section
- Search & Rescue
- Detectives
- Medical Advisory Unit and more

[CLICK HERE FOR MORE INFORMATION OR TO REGISTER!](#)

We hope to see you there!

Victoria Police Recruitment Team



The Fathering Project is an evidence-based organisation that aims to promote positive fathering behaviours and fathers' engagement with their infants, preschool, primary school and adolescent-aged children.

<https://thefatheringproject.org/about-us/>

Myrtleford P12 College is excited to be involved in the Fathering Project. Watch this newsletter for handy tips and upcoming activities for all the Fathers out there.

Six top tips to help with emotional development and growth

- 1. Bring your child's attention to emotions.** When your child or someone else (family members, friends, character in a book or on TV) is expressing an emotion, use the opportunity to label the particular emotion. "I can see you are feeling annoyed, tell me about how you're feeling".
- 2. Never discredit their emotions.** If your child talks about their emotions, always encourage this. If their emotions are unpleasant, let them know you can help them to find ways to feel better.
- 3. Help them learn the names of emotions.** Discuss the everyday feelings they experience and encourage them to use descriptive words to describe how they feel. "When I am feeling a little bit angry, I might say I am feeling frustrated or I am feeling annoyed."
- 4. Talk about how you feel.** Demonstrate the use of different language to describe how you feel to demonstrate how feelings can change throughout the day.
- 5. Identify 'triggers' for your child's tantrums.** Learning what causes tantrums (such as emotional overloads) can help prevent future tantrums. If you know your toddler is tired, it's not the best time to go grocery shopping, for example.
- 6. Model self-regulation.** Children learn through observation. If you feel yourself getting frustrated, angry or upset at something try and model the correct emotional response.

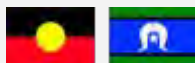
Dad joke of the week



"What did Yoda say when he saw himself in 4K?
HDMI..."

Tips taken from the following website:
<https://thefatheringproject.org/fathering-channel/how-fathers-play-an-important-role-in-their-childs-education/>

Myrtleford P12 College is committed to the implementation of Child Safe Standards to promote the safety and wellbeing of all young people.
Myrtleford P12 College acknowledges the Traditional Custodians of the land on which we stand and pay our respect to the Elders both past, present and future.



Library News...

We have had some new authors in the library this past couple of weeks. Some keen writers (and illustrators), have brought me a collection of books they have written, illustrated and stapled together, to share in the library. The titles are: The Zombie, Green Hulk versus Red Hulk, the Unicorn and The Squid is the Best Sea Creature.

I have had them sitting on display, and many other students have read them. Sam tells me he made the books after his Mum told him it was a great thing to do when he's bored. Jagger loves to help people, so he decided to help Sam and Ava make these books. Ava thought it would be fun, and she decided it was!

Thanks Sam, Jagger and Ava, for your great stories! You have inspired other students to have a go at writing a book too!

Mrs Morgan



2024 Allan J Findlay Memorial Bursary

In recognition and memory of Allan's life and generous contributions to his community, his relentless efforts to support and mentor, and his unwavering dedication to assist anyone in need, the Allan J Findlay Memorial Bursary (\$2000) has been established by the Lions Club of Bright and the Rotary Club of Bright. The purpose of the Bursary is primarily to assist young people in continuing Al's philosophy of selfless community contribution, and to assist them to full-fill their aspirations of giving back to their community.

The Bursary application process recognises personal achievement and is designed to help young people with financial assistance to pursue their goals.

It is open to students in Years 9 to 12 levels, residing in the Alpine Shire – this includes young people who school out of the area, are home-schooled, or are no longer school-based.

Young people who are helping to make the world a better place are ideal candidates for this Bursary.

The successful applicant will direct the bursary toward goals and ideas which may include elements of:

- Personal growth for the applicant
- Benefits for the wider community
- Activities/experiences not usually available in the local area which will have a positive impact on the local community
- Definitive demonstration of community involvement

Applications for 2024 will be accepted until 5th April 2024.

Visit the Bright Lions Club website for more information.

Download the application form and once completed, email to admin@brightlions.org.au or send by mail to Attention: AJF Bursary, Bright Lions Club, PO Box 100, Bright, 3741.

Wellbeing Interest...

Life can sometimes get stressful and overwhelming making it hard to cope

If you are experiencing any of these challenges:

- Stress and anxiety
- Life changes
- Sleep or concentration issues
- Recovering from natural disasters
- Study or work stress

We are here to help!

Get in touch with us to access 6 free sessions with a Coach.

No GP referral required.

Alpine Mindset Coaching

Free Mental Health Coaching Support



1300 921 535



alpinecoaching@wellways.org

Supported By

wellways



NECC Mental Wellbeing Week 2024

The 2024 Mental Wellbeing Week will kick off on Saturday April 13 with the #bekindtoyourmind round versus

Yarrawonga and the Luncheon featuring Steve Baker.

We are also very excited to announce that in partnership with Alpine Health Myrtleford P12 College, St Marys and Marian College. Chelsea Frawley will be speaking to students from Years 5-12 on April 15 and 16. Chelsea will also deliver a presentation to teachers.

Chelsea lost her father (Danny) in 2019, she then made a career move to the St Kilda Football Club to help bring a focus on mental health. Chelsea played a pivotal role in the development and creation of the first AFL Mental Health initiative, Spuds Game – St Kilda V Collingwood, which takes place on March 22. Each year this game raises funds for the Danny Frawley Centre at Moorabbin Oval.

In addition, Chelsea heads up operations and community at the Danny Frawley Centre an elite mental and physical fitness facility in Moorabbin.

More information about the program for the week will be forwarded to families prior to the week.



**M.F.N.C ALPINE SAINTS
WELLBEING
TEAM**

Mental Health Support



let's get real **free webinar!**
about **teen mental health**

Learn from a Kids Helpline counsellor who has answered their calls for help!

Topics include:

- The stuff your teen doesn't tell you
- Secrets of the teen brain
- A counsellor's tips for mental health

27 wednesday | 6.30-7.30PM (AEST)
 march | on Vimeo

kidshelpline.com.au/webinar



feeling worried?
 you can talk to us

1800 55 1800
kidshelpline.com.au

kids helpline
 anytime, any reason.

Free Community Seminar
MENTAL HEALTH & SUPPORTING OUR YOUNG PEOPLE

Guest Speaker
DR MICHAEL CARR-GREGG

The Pavilion, Bright
WEDNESDAY
 17-APRIL-2024
 06:00 PM

Book Online:
NESAY.COM.AU
 /UPCOMINGEVENTS
 (03) 5720 2201

NESAY
 Nurturing, Educating & Supporting

Community Bank
 Bright and Myrtleford
Bendigo Bank

#BeKindToYourMind

is it stress
worry
or anxiety?

we'll help you figure it out!

get in touch 24/7
1800 55 1800 kidshelpline.com.au

In the Community...



ALPINE COLOUR FUN RUN 2024

Saturday 23 March
Myrtleford Showgrounds

Come Visit 9AM - 1PM	LIVE MUSIC AL'S SKATE CO	SUPPORT SERVICES	 Please scan QR or visit website below to register
Fun Run 10AM	GRIP ART LAWN GAMES FACE PAINT	WELLNESS DRINKS FOOD VAN	

<https://alpinecolourfunrunmyrtleford2024.eventbrite.com.au>

ALPINE SHIRE YOUTH | freeze.vic.gov.au | VICTORIA State Government | ALPINE SHIRE COUNCIL

We are in search of volunteers that wish to help out and groups that would like to man a colour station for the Myrtleford Colour Fun Run on the 23rd of March. Groups of 3 or more people are encouraged.

Details for the event:

- ♥ A FREE community event that encourages fun, physical activity and positive mental health! Go in clean and come out a rainbow - all in the name of good mental and physical health and celebration
- ♥ WHERE: Myrtleford Recreation Reserve & Showgrounds, 109 Odonnell Avenue, Myrtleford, VIC 3737
- ♥ WHEN: Saturday, 23 March, 2023 from 9:00am – 1:00pm (fun run beginning at 10am with a warm up before)
- ♥ WHO: Everyone is invited! Show up and have some fun! You are welcome to run or walk the course. And if that's not for you, there will be plenty of entertainment for you to enjoy on the day, including Al's Skate Co skateboarding sessions (which are accessibility and all abilities friendly), Mental Health activities, face art and more, with food and drink available at the event. The 2024 Myrtleford Colour Fun Run is brought to you by Alpine Shire Council and FReeZA, a Victorian Government initiative. This means that we will ensure it is a safe and secure environment for our community with the event being drug, alcohol and smoke free.
- ♥ HOW: Register online at the link in our bio!!



goodFriday appeal
THE ROYAL CHILDREN'S HOSPITAL



Kellie Hawkins is shaving her hair to raise money for the Good Friday Appeal.

If you'd like to help her raise the money for her target, head to her fundraising page and donate!

[Good Friday Appeal - Kellie Hawkins](#)

Well done Kellie– we hope you reach your target!

DRIVING MENTORS NEEDED for the Myrtleford L2P Program?

The program matches learner drivers and volunteer mentors together so learners who are struggling to get their supervised hours, can be supported to successfully pass their driving test and gain their P plates.

Myrtleford and surrounds are in desperate need of mentors. So, if you would like to assist someone to get their licence, have some time to spare and enjoy giving to your community, contact us for more information.

Volunteer mentors receive training and support and have access to a dedicated vehicle. To find out more, speak to the L2P Coordinator on 03 5755 0555 or email l2p@alpineshire.vic.gov.au



L2P PROGRAM | ALPINE SHIRE COUNCIL

OPPORTUNITIES FOR YOUNG PERSONS

LET US HELP YOU BECOME AN EXCELLENT DRIVER

- Manual & Automatic Vehicles
- 0-120hrs Learners Driving Design
- Under Instruction Training (Overseas licence holders)
 - Older drivers skills review and rules update
 - Servicing Myrtleford & Surrounding District

CA CLASS ACT DRIVING SCHOOL Hugh Clasby clasbyhugh@gmail.com
0422 227 177

FREE **Video Competition**

*we want your video...
... to inspire a better world!*

\$1000s+ prizes!

Be part of a video comp with a difference – a platform to gather and amplify young people’s stories while connecting them with social change organisations to amplify their impact

Get your story heard! **INFO HERE!** storiestoaction.org

YOUTH MURAL PROJECT

Calling all young people aged 14- 18 years! Inspire the design of the platypus mural!

Submit your design ➔

R.A.Y.S

ARE YOU A YOUNG PERSON?

WANT TO WORK WITH OTHER YOUNG PEOPLE TO MAKE REAL CHANGE IN YOUR COMMUNITY?

JOIN R.A.Y.S

EMAIL: YDO@ALPINESHIRE.VIC.GOV.AU @RESIDENTALPINEYOUTHSQUAD ON INSTAGRAM

Future Proof

YOUTH FIRST AID COURSE

MUST BE AGED BETWEEN 12-25 YEARS OLD

BRIGHT PAVILION
MONDAY, APRIL 22ND FROM 4PM TO 7PM (3 HOURS)
WEDNESDAY, APRIL 24TH FROM 4PM TO 7PM (3 HOURS)
NEED TO ATTEND BOTH DATES

FOLLOW US @ALPINESHIREYOUTH
EMAIL US: YDO@ALPINESHIRE.VIC.GOV.AU

In the Holidays...

4-5 YEAR OLD
HOLIDAY
Gymnastics
 Thursday 4th April 2024
 8.10am -8.50am
 Price \$15.97

Limited spots head over to our website to book now

www.indigo-gymnastics.com.au



Indigo Gymnastics
Holiday program!
 Rec & Adv rec classes

WED 3RD APRIL 1.15PM-4.15PM
 THURS 4TH APRIL 9AM-12PM
 MON 8TH APRIL 1.15PM-4.15PM
 WED 10TH APRIL 1.15PM-4.15PM

AGES 6+
 \$45

JOIN US FOR SOME HOLIDAY FUN TODAY!
 SECURE SPOT TODAY VIA OUR WEBSITE

BOOK VIA OUR WEBSITE
<https://app.iclasspro.com/portal/indigogymnastics/camps/2>



HOLIDAY PARKOUR!
 8 YEARS + 1.5 hour session

April 5th 2024
 1.30PM-3PM

April 12th 2024
 1.30PM-3PM

BOOK ONLINE
www.indigogymnastics.com.au/holiday-schedule-and-registration/

Only \$27.36



GOOD FRIDAY APPEAL 2024

FRIDAY 29th March 2024

We are again asking for volunteers for this special day. Children under 12yrs must be accompanied with an adult and everyone who is participating must sign in at the Myrtleford Fire Station from 8.15am for a 9.00am start.

****CHILDREN UNDER 12 YEARS MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES. THEY MUST BE BEHIND CFA TRUCKS AT ALL TIMES WHEN COLLECTING MONEY****

PLEASE HELP TO HELP OTHERS



MOLYULLAH



Easter Sports
Easter Monday
1 April 2024

PREPURCHASE YOUR TICKET TODAY
 FAMILY \$40,
 ADULTS \$15,
 CHILD \$7.50



MORE INFO AT WWW.MOLYULLAH.COM.AU

Join in the Family Fun!

Lots of old-fashioned country fun events and activities. Discover something new, and experience some great community spirit.

Come along and enjoy these activities:

- ✓ Free Train Rides
- ✓ Free Animal Nursery
- ✓ Show & Shine
- ✓ Vintage Trucks & Cars *
- ✓ Novelty Races
- ✓ Dog Jump
- ✓ Equestrian Events *
- ✓ Farmers Challenge
- ✓ Plant Stall
- ✓ Caricature Artist
- ✓ Crash The Rat & Nail Drive
- ✓ Farm Yard Fun
- ✓ Market Stalls
- ✓ Trash & Treasure
- ✓ Fergie Tractor Display
- ✓ Spinning Wheel

*Please enter online



Molyullah Recreation Reserve, 115 Centre Road Molyullah (15 mins SE of Benalla)

SPORT IN THE COMMUNITY

MYRTLEFORD NETBALL CLUB

FUN NIGHT

For girls & boys aged 5 to 14 years

WEDNESDAY 27 MARCH
4:30-5:30PM
RC MCNAMARA RESERVE

SKILLS, DRILLS & FUN
SAUSAGE SIZZLE
NO COST

REGISTRATIONS NOW OPEN

JUNIOR COMPETITION

Commencing Wednesday 17th April 2024 @RC McNamara Reserve
This competition is for girls & boys in Grade 3* & above.
Cost: \$90 (incl \$66 VNA Insurance)
Registrations close Thursday 28th March 2024

To Register, click on the link in this Facebook Post

*Please contact the club via email at: myrtnetball@gmail.com if the player has not previously participated in NetSetGo or competition prior to registering.

myrtleford netball.

NETSETGO REGISTRATIONS NOW OPEN

For all children aged 5 to 9 years old (children must have turned 5 by 30/4/24). Sessions will be held from 4pm to 4.50pm on a Wednesday commencing 17th April 2024, and run for the duration of Term 2. Cost: \$90 (includes participant pack)

COME & PLAY

Click on the link in this Facebook Post to Register

For further information email: myrtnetball@gmail.com

myrtleford netball.

REGISTRATIONS NOW OPEN

SENIOR COMPETITION

Commencing Tuesday 16th April @ Myrtleford Indoor Sports Stadium
Please view the Google Form for Competition Details & Eligibility
Cost: \$170 with option to pay by installments (incl. Insurance, Stadium Entry & Umpires)
Registrations close Thursday 28th March 2024

To register, click on the Google Form Link in this Facebook Post and complete the form.

For further information email: myrtnetball@gmail.com

myrtleford netball.

SMLkids

SENSE + MOVE - LEARN

New Occupational Therapist- Ashleigh- available for NDIS funded participants 0-18 years.

Can support gross & fine motor skills (e.g. coordination, balance, strength, dexterity and handwriting), with some support options for sensory processing and social-emotional development. Services can be provided at school.

Contact Sally (Director) on 0422584776 or info@smlkids.com.au for more information.

AFL PLAY FOR THE KICKS

come find your awesome

JOIN YOUR LOCAL AUSKICK CENTRE TODAY!

Plenty of Fun for Boys and Girls 5-12 years of Age
Meet new friends and get an awesome Auskick Pack!

REGISTER by the 31st March 2024 to be in the draw to WIN a 2023 Carlton Guernsey signed by Brownlow Medalist, Patty Cripps and Head Coach Michael Voss

nab AFL Auskick play.afl/auskick



Our Sponsors. . . . Thank you for your ongoing support.

FOODWORKS
Supermarket

MYRTLEFORD 91 Myrtle Street
(03) 5752 1575
myrtleford@getores.foodworks.com.au

OPEN: 7am TO 7pm Mon to Fri
8am to 7pm Sat & Sun
myrtleford.myfoodworks.com.au



WE PROUDLY STOCK THE FULL RANGE OF COLLEGE UNIFORM

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Ph 57522459
billyandme@outlook.com



Myrtleford Cycle Centre
Everyday Cycling Solutions

59 CLYDE STREET MYRTLEFORD
(03) 5752 1511 / 0407 967 309



Alpine Valley Homes
M & S Crisp Builders

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